

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|--|--|---|
| 1 10:00am: Church 11:00am: Read Aloud 1:00pm: Brain Busters 3:00pm: <i>Civil War</i> | 2 9:00am: Donuts & Coffee F 10:00am: Walk It Out E 11:00am: Reminiscing D 1:00pm: Scented Sachel E 3:00pm: Uno 4:00pm: Room Visits C <small>Labor Day</small> | 3 9:00am: Morning News E 10:00am: Chair Yoga F 11:00am: Nail Care C 1:00pm: Scrapbooking 3:00pm: Connect 4 4:00pm: Room Visits D | 4 9:00am: Porch Pals F 10:00am: Silver Sneakers E 11:00am: Chili's 1:00pm: Canvas Painting 3:00pm: Bingo 4:00pm: Room Visits E | 5 9:00am: Read Aloud D 10:00am: Morning Stretch F 11:00am: Reminiscing C 2:00pm: Rocking Rev E 3:00pm: Cup Pong E 4:00pm: Room Visits F | 6 9:00am: Coffee Social F 10:00am: Chair Yoga D 11:00am: Hot Balloon E 1:00pm: Floral Arrangements D 3:00pm: Happy Hour C 6:00pm: Queen Bees | 7 10:00am: Tic-Tac-Toe 11:00am: Porch Pals 1:00pm: Silver Sneakers 3:00pm: Spa Day |
| 8 10:00am: Church 11:00am: Morning Chat 1:00pm: Painting 3:00pm: <i>Beauty Shop</i> <small>Grandparents Day</small> | 9 <u>WEAR PINK DAY</u> 9:00am: "What's New" E 10:00am: Walking Club F 11:00am: Porch Pals D 1:00pm: Tie Dye Shirts E 3:00pm: Cornhole F 4:00pm: Room Visits C | 10 <u>WEAR A HAT DAY</u> 9:00am: Morning Chat C 10:00am: Chair Yoga D 11:00am: Hair Care E 1:00pm: Bracelet Making F 3:00pm: Bingo E 4:00pm: Room Visits C | 11 <u>FAVORITE COLOR DAY</u> 9:00am: Donuts & Coffee D 10:00am: Library Outing 11:00am: Nail Care E 1:00pm: Wreath Making F 3:00pm: Card Games C 4:00pm: Room Visits D | 12 <u>CRAZY SOCK DAY</u> 9:00am: Morning Stretch F 10:00am: Silver Sneakers E 11:00am: Facials C 2:00pm: Music w/Betty F 3:00pm: Air Hockey D 4:00pm: Room Visits E | 13 <u>FAVORITE TEAM DAY</u> 9:00am: Porch Pals D 10:00am: Morning Stretch E 11:00am: Music w/Norris 3:00pm: Happy Hour F 6:00pm: Thunder Force Happy Birthday Ruthie Happy Birthday Vickie | 14 10:00am: Brain Busters 11:00am: Walk & Talk 1:00pm: Chair Yoga 3:00pm: Canvas Painting |
| 15 10:00am: Church 11:00am: Lemonade Social 1:00pm: Brain Busters 3:00pm: <i>The Burial</i> | 16 9:00am: Morning News D 10:00am: Silver Sneakers F 11:00am: Facials E 1:00pm: Door Décor D 3:00pm: Penny Pitching F 4:00pm: Room Visits C | 17 9:00am: Porch Pals E 10:00am: Chair Yoga D 11:00am: Nail Care E 1:00pm: Paint & Sip F 3:00pm: Racing Strip D 4:00pm: Room Visits C | 18 9:00am: "What's New" F 10:00am: Panera Bread 11:00am: Reminiscing C 1:00pm: Mobile Juice Bar D 3:00pm: Bingo E 4:00pm: Room Visits F | 19 9:00am: Coffee Social C 10:00am: Walking Club E 11:00am: Hair Care C 2:00pm: Rocking Rev D 3:00pm: What Did It Cost? F 4:00pm: Room Visits E | 20 9:00am: Morning Stretch F 10:00am: Move Your Feet E 11:00am: Air Hockey D 1:00pm: Yarn Crafts F 3:00pm: Happy Hour C 6:00pm: <i>The Beekeeper</i> | 21 10:00am: Dominoes 11:00am: Tea Social 1:00pm: Dance Therapy 3:00pm: Beaded Necklaces <small>Oktoberfest Begins</small> |
| 22 10:00am: Church 11:00am: Coffee Social 1:00pm: Crosswords 3:00pm: <i>The Unforgivable</i> <small>Autumn Begins</small> | 23 9:00am: Morning Stretch E 10:00am: Move Your Feet D 11:00am: Hair Care F 1:00pm: Cookie Decorating E 3:00pm: Farkle D 4:00pm: Room Visits C | 24 9:00am: Coffee Social C 10:00am: Silver Sneakers F 11:00am: Porch Pals E 1:00pm: Garden Club D 3:00pm: Resident Council 4:00pm: Room Visits C Happy Birthday Joanna | 25 9:00am: Morning News E 10:00am: Morning Stretch D 11:00am: Nail Salon 1:00pm: One Hit Wonders F 3:00pm: Poker E 4:00pm: Room Visits C | 26 9:00am: Coffee & Donuts F 10:00am: Chair Yoga E 11:00am: Reminiscing D 2:00pm: Music w/Betty E 3:00pm: Table Tennis F 6:00pm: Movie Night | 27 9:00am: Porch pals D 10:00am: Walk It Out F 11:00am: Penny Pitching D 1:00pm: Fashion Show F 3:00pm: Happy Hour E 6:00pm: <i>Samaritan</i> | 28 10:00am: Card Games 11:00am: Lemonade Social 1:00pm: Ball Exercise 3:00pm: Crafts |
| 29 10:00am: Church 11:00am: Porch Pals 1:00pm: Sudoku 3:00pm: <i>Wonder</i> | 30 9:00am: Morning News E 10:00am: Silver Sneakers F 11:00am: Facials C 1:00pm: Canvas Painting D 3:00pm: One-On-Ones E 4:00pm: Room Visits F | <h1>September 2024</h1> <h2>Mustang Creek Estates Assisted Living Activity Calendar</h2> | | | | |