

SuBday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2025

## Mustang Creek Estates Memory Care

SuBday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>10:00am: Ageless Motion 11:00am: I Spy 1:00pm: Colors of the World 2:00pm: Tidied Corner 3:00pm: Winter Sensory Box 4:00pm: Try Not to Sing a-long</p> <p>New Year's Day</p>	<p>10:00am: Silver Sneakers 11:00am: Hot Cocoa Social 1:00pm: Bible Study 2:00pm: Winter Blooms 3:00pm: Guess That Sound 4:00pm: Scenic Drive</p>	<p>10:00am: Forever Fit 11:00am: Something That Starts with the Letter... 1:00pm: New Year New Me Vision Boards 3:00pm: Happy Hour 4:00pm: Mindful Meditation 6:00pm: Movie Night: Singin' In the Rain</p>	<p>10:00am: Golden Moves 11:00am: Amo the Schnauzer Visits 1:00pm: Sensory Art 2:00pm: Sifting &amp; Sorting 3:00pm: Match It! 4:00pm: Sing a-long and Dance</p>
<p>5 9:00am: Watermark Streamed Church Service 11:00am: Caregiver Chit-Chat 1:00pm: Color Me Calm 3:00pm: Movie Matinee: Casablanca</p>	<p>6 10:00am: Noodle Ball 11:00am: Sunshine Snack &amp; Social 1:00pm: Light Stretches 3:00pm: Winter Craft</p>	<p>7 10:00am: Seated Exercise 11:00am: Bean Bag Toss 1:00pm: Stay "Warm" Spices Aromatherapy 2:00pm: Cooking Connection: Butter Making 3:00pm: Room Visits 4:00pm: Pretty Nails</p>	<p>8 10:00am: Ageless Motion 11:00am: Guess That Toon 1:00pm: Sifting and Sorting 2:00pm: Tie Blankets 3:00pm: Moldable Magic Moments 4:00pm: Try Not to Sing a-long</p>	<p>9 10:00am: Silver Sneakers 11:00am: What's in the Bag? 1:00pm: Paint &amp; Ponder 2:00pm: Winter Blooms 3:00pm: Guess That Sound 4:00pm: Scenic Drive</p>	<p>10 10:00am: Forever Fit 11:00am: Shoveling Snow 1:00pm: Snowflake Wreaths 3:00pm: Happy Hour 4:00pm: Mindful Meditation 6:00pm: Movie Night: The Outsiders</p>	<p>11 10:00am: Golden Moves 11:00am: Drum Circle 1:00pm: Rock Painting 2:00pm: Sifting &amp; Sorting Occupational 3:00pm: Puzzle Pastimes 4:00pm: Sing a-long and Dance</p>
<p>12 9:00am: Watermark Streamed Church Service 11:00am: Caregiver Chit-Chat 1:00pm: Color Me Calm 3:00pm: Movie Matinee: The Wizard of Oz</p>	<p>13 10:00am: Noodle Ball 11:00am: Social 1:00pm: Sunshine Snack &amp; Social 3:00pm: Dry Bean Craft</p>	<p>14 10:00am: Seated Exercise 11:00am: Bean Bag Toss 1:00pm: Pine Cone Bird Feeder 2:00pm: Cooking Connection: Personalized Trail Mix 3:00pm: Room Visits 4:00pm: Pretty Nails</p>	<p>15 <b>Strawberry Ice Cream Day</b> 10:00am: Ageless Motion 11:00am: I Spy 1:00pm: Tea Time &amp; Talk 2:00pm: Crazy Socks 3:00pm: Strawberry Ice Cream Social 4:00pm: Try Not to Sing a-long</p>	<p>16 10:00am: Silver Sneakers 11:00am: Noodle Ball 1:00pm: Bible Study 2:00pm: Winter Blooms 3:00pm: Guess That Sound 4:00pm: Scenic Drive</p>	<p>17 10:00am: Forever Fit 11:00am: Things that Start with the Letter... 1:00pm: Calming Colors 3:00pm: Happy Hour 4:00pm: Mindful Meditation 6:00pm: Movie Night: Shop Around the Corner</p>	<p>18 10:00am: Golden Moves 11:00am: Drum Circle 1:00pm: Mosaic Art 2:00pm: Sifting &amp; Sorting 3:00pm: Match It! 4:00pm: Sing a-long and Dance</p>
<p>19 9:00am: Watermark Streamed Church Service 11:00am: Caregiver Chit-Chat 1:00pm: Color Me Calm 3:00pm: Movie Matinee: The Sound of Music</p> <p>Activity Professionals Week</p>	<p>20 10:00am: Noodle Ball 11:00am: Social 1:00pm: Sunshine Snack &amp; Social 3:00pm: Winter Craft</p> <p>Martin Luther King Jr. Day</p>	<p>21 10:00am: Seated Exercise 11:00am: Bean Bag Toss 1:00pm: Tea Time &amp; Talk 2:00pm: Music by Wayne Willingham 3:00pm: Room Visits 4:00pm: Pretty Nails</p>	<p>22 10:00am: Ageless Motion 10:30am: Mark Dunn Musical Performance 1:00pm: Creative 2:00pm: Tie Blankets 3:00pm: Molding Magic 4:00pm: Try Not to Sing a-long</p>	<p>23 10:00am: Silver Sneakers 11:00am: Guess that Toon 1:00pm: Sensory Art 2:00pm: Cooking Connection: Peanut Butter Pies 3:00pm: Guess That Sound 4:00pm: Scenic Drive</p>	<p>24 10:00am: Forever Fit 11:00am: Shoveling Snow 1:00pm: Crazy Socks 3:00pm: Happy Hour 4:00pm: Mindful Meditation 6:00pm: Movie Night: Airplane!</p>	<p>25 10:00am: Golden Moves 11:00am: Drum Circle 1:00pm: Winter Painting 2:00pm: Sifting &amp; Sorting 3:00pm: Puzzle Pastimes 4:00pm: Sing a-long and Dance</p>
<p>26 9:00am: Watermark Streamed Church Service 11:00am: Caregiver Chit-Chat 1:00pm: Color Me Calm 3:00pm: Movie Matinee: Twister</p> <p>Australia Day (Observed)</p>	<p>27 10:00am: Noodle Ball 11:00am: Sunshine Snack &amp; Social 1:00pm: Light Stretches 3:00pm: Winter Craft</p>	<p>28 10:00am: Seated Exercise 11:00am: Bean Bag Toss 1:00pm: Snow Flake Glue Painting 2:00pm: Cooking Connection: Ice Box Sandwiches 3:00pm: Room Visits</p>	<p>29 10:00am: Ageless Motion 11:00am: I Spy 1:00pm: Red Envelopes 2:00pm: Sifting and Sorting 3:00pm: Fabric Testing 4:00pm: Scenic Drive</p> <p>Chinese New Year (Year of the Snake)</p>	<p>30 10:00am: Silver Sneakers 11:00am: What Am I? 1:00pm: Bible Study 2:00pm: Winter Blooms 3:00pm: Birthday Party 4:00pm: Try Not to Sing a-long</p>	<p>31 10:00am: Forever Fit 11:00am: Things that Start with the Letter... 1:00pm: Calming Colors 3:00pm: Happy Hour 4:00pm: Mindful Meditation 6:00pm: Movie Night: Dance with the Wolves</p>	<p>Spiritual – Green Music – Blue Outings – Purple Monthly Events – Red Special Events – Bold</p> 