

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30am: Church Service-C 11:00am: Hydrating Social-C 1:00pm: Board Games-D 3:00pm: Westerns -C	2 9:00am: Coffee Social C-D 10:00am: Yoga-C 11:00am: Chicken Foot-D 1:00pm: Bingo-F 3:00pm: Happy hour-F 4:00pm: Room Visits-F <i>Labor Day</i>	3 9:00am: Ice Tea Social E-F 10:00am: Stretching-C 11:00am: Trivia- C 1:30pm: Bible Study-C 3:00pm: Chicken Foot-D 4:00pm: Room Visits-E	4 9:00am: Hydrate Social -C 10:00am: Yoga-C 11:00am: Napoli's Italian outing 1:00pm: Bingo-C 3:00pm: Black Jack-D 4:00pm: Room Visits-C Happy Birthday Nancy	5 9:00am: Coffee Social-D 10:00am: Walking group-D 11:00am: Categories-C 1:00pm: Porch Talk-C 3:00pm: Chicken Foot-D 4:00pm: Room Visits-D	6 9:00am: Juice Social-F 10:00am: Yoga-C 11:00am: Chicken Foot -D 1:30 Music Therapy-C 3:00pm: Happy Hour-F 6:00pm: Over Board	7 10:00am: Black Jack-D 11:00am: Porch Talk-C 1:00pm: Bingo-F 3:00pm: Happy Hour-F
8 10:30am: Church Service-C 11:00am: Hydrating Social -C 1:00pm: Board Games-D 3:30pm: Dallas Cowboys Happy Birthday Joan <i>Grandparents Day</i>	9 9:30am: Music by Lucia 10:00am: Yoga-C 11:00am: Chicken Foot-D 1:00pm: Bingo-F 3:00pm: Drum sticks-F 4:00pm: Room Visits-F	10 9:00am: Ice Tea Social E-F 10:00am: Stretching-C 11:00am: Trivia-D 1:30pm: Bible Study-C 3:00pm: Chicken Foot-D 4:00pm: Room Visits-E	11 9:00am: Hydrate Social -C 10:00am: Yoga-C 11:00am: Walgreens 1:00pm: Bingo-C 3:00pm: Black Jack-D 4:00pm: Room Visits-C	12 9:00am: Coffee Social -D 10:00am: Walking Group-D 11:00am: Choices in a jar-C 1:00pm: Trivia-F 3:00pm: Black Jack-D 4:00pm: Room Visits-D	13 9:00am: Juice Social -F 10:00am: Yoga-C 11:00am: Chicken Foot -D 1:00pm: Hand Massage-F 3:00pm: Happy Hour-F 6:00pm: Sound of Music	14 10:00am: Black Jack-D 11:00am: Porch Talk-C 1:00pm: Bingo-F 3:00pm: Happy Hour-F
15 10:30am: Church Service-C 11:00am: Hydrating Social-E 12:00pm: Dallas Cowboys 3:00pm: Classic Movies -C	16 9:00am: Coffee Social C-D 10:00am: Yoga-C 11:00am: -Chicken Foot-D 1:00pm: Bingo-F 3:00pm: Gatorade-F 4:00pm: Room Visits-F	17 9:00am: Ice Tea Social E-F 10:00am: Music w/ Mike (All Houses) 11:00am: Trivia-F 1:30pm: Bible Study-C 3:00pm: Chicken Foot-F 4:00pm: Room Visits-E	18 9:00am: Hydrate Social -C 10:00am: Yoga-C 11:00am: Schlotzsky's 1:00pm: Bingo-F 3:00pm: Air Force Party-F 4:00pm: Room Visits-C Air Force Birthday	19 9:00am: Coffee Social -D 10:00am: Walking Group-D 11:00am: Trivia-D 1:00pm: Men's Group-D 3:00pm: Chicken Foot-D 4:00pm: Room Visits-D	20 9:00am: Juice Social -F 10:00am Yoga -C 11:00am: Chicken Foot-D 1:00pm: Hand Massage-D 3:00pm: Happy Hour 6:00pm: Pretty Woman	21 10:00am: Black Jack-D 11:00am: Porch Talk-C 1:00pm: Bingo-F 3:00pm: Happy Hour-F <i>Oktoberfest Begins</i>
22 10:30am: Church Service-C 11:00am: Hydrating Social-F 1:00pm: Board Games-D 3:3pm: Dallas Cowboys <i>Autumn Begins</i>	23 9:00am: Coffee Social C-D 10:00am: Yoga-C 11:00am: Chicken Foot-D 1:00pm: Bingo-F 3:00pm: Choices in a jar -F 4:00pm: Room Visits-F	24 9:00am: Ice Tea Social E-F 10:00am: Stretching-C 11:00am: Ladies Group-C 1:30pm: Bible Study-C 3:00pm: Resident Council D 4:00pm: Room Visits-E	25 9:00am: Hydrate Social-C 10:00am: Yoga-C 11:00am: Rosa's Cafe 1:00pm: Music W/Kerry-F 3:00pm: Black Jack-D 4:00pm: Room Visits-C	26 9:00am: Coffee Social -D 10:00am: Walking Group-D 12:00pm: Pancake Theme Lunch 1:00pm: Birthday Party-E 3:00pm: Black Jack-D 4:00pm: Room Visits-D	27 9:00am: Juice Social -F 10:00am: Yoga-C 11:00am: Chicken Foot -D 1:00pm: Fashion Show-C 3:00pm: Happy Hour-C 6:00pm: African Queen National Scarf Day	28 10:00am: Black Jack-D 11:00am: Porch Talk-C 1:00pm: Bingo-F 3:00pm: Happy Hour-F Happy Birthday Vernon
29 10:30am: Church Service-C 11:00am: Hydrating Social-D 1:00pm: Board Games-D 3:00pm: Westerns-C	30 9:00am: Coffee Social C-D 10:00am: Yoga-C 11:00am: Chicken Foot-D 1:00pm: Bingo-F 3:00pm: Categories-C 4:00pm: Room Visits-F	<h1>September 2024</h1> <h2>Mustang Creek Estates Assisted Living Activity Calendar</h2>				