

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# January 2025

## Mustang Creek Estates Assisted Living Calendar

|   |  |   |  |   |   |  |
|---|--|---|--|---|---|--|
| <p>5<br/>10:00am: First Baptist Dallas (Streamed) AB<br/>11:00am: Sunday Reflections AB<br/>1:00pm: Word Search B<br/>3:00pm: The Crown S1, E1 AB</p>                                     | <p>6<br/>9:00am: News Chronicles AB<br/>10:00am: Silver Sneakers AB<br/>11:00am: Arm Chair Travel B<br/>1:30pm: Cup of Tea Lacing Cards B<br/>3:00pm: Mexican Train A<br/>4:00pm: Would You Rather... A</p>                                | <p>7<br/>9:00am: Coffee Social AB<br/>10:00am: Exercise with Brandon B<br/>11:00am: Hymn Sing B<br/>1:00pm: Flower Mound Library<br/>3:00pm: Bingo A<br/>4:00pm: Room Visits B</p>            | <p>8<br/>9:00am: News Chronicles AB<br/>10:00am: Silver Sneakers AB<br/>11:00am: Perfect Ten Nails A<br/>1:30pm: Elvis Blue Shoes Game B<br/>3:00pm: Chicken Foot A<br/>4:00pm: Decade Trivia A</p> <p>New Year's Day</p>                  | <p>9<br/>9:00am: Coffee Social AB<br/>10:00am: Exercise with Brandon B<br/>11:00am: Pictionary B<br/>11:30am: Lunch Bunch – Blue Goose<br/>3:00pm: Bingo A<br/>4:00pm: Get to know your Neighbor – Peggy A</p>          | <p>10<br/>9:00am: News Chronicles AB<br/>10:00am: Silver Sneakers AB<br/>11:00am: Brain Games B<br/>1:30pm: Snowman Craft B<br/>3:00pm: Andy Guarino Entertains &amp; Happy Hour A<br/>6:00pm: Friday Night Movie Legends of the Fall</p> | <p>11<br/>10:00am: Dominoes A<br/>11:00am: Puzzle Time AB<br/>1:00pm: Chair Yoga AB<br/>3:00pm: Independent Art AB</p> |
| <p>12<br/>Happy Birthday Clifford<br/>10:00am: First Baptist Dallas (Streamed) AB<br/>11:00am: Sunday Reflections AB<br/>1:00pm: Word Search B<br/>3:00pm: The Crown S1, E2 AB</p>        | <p>13<br/>9:00am: News Chronicles AB<br/>10:00am: Silver Sneakers AB<br/>11:00am: Arm Chair Travel B<br/>1:00pm: Flower Mound Library<br/>3:00pm: Uno B<br/>4:00pm: Finish the Phrase B</p>  | <p>14<br/>9:00am: Coffee Social AB<br/>10:00am: Exercise with Brandon A<br/>11:00am: Bible Study B<br/>1:30pm: Music Therapy B<br/>3:00pm: Bingo A<br/>4:00pm: Idiom in Disguise Game A</p>   | <p>15<br/>9:00am: News Chronicles AB<br/>10:00am: Silver Sneakers AB<br/>11:00am: Decade Trivia A<br/>1:30pm: Decorate A Hat Craft A<br/>3:00pm: Wayne Williamson Entertains E<br/>4:00pm: Room Visits A</p> <p>National Hat Day</p>       | <p>16<br/>9:00am: Coffee Social AB<br/>10:00am: Exercise with Brandon B<br/>11:00am: Wheel of Fortune B<br/>1:30pm: Cooking Corner<br/>3:00pm: Bingo A<br/>4:00pm: Wordle A</p>   | <p>17<br/>9:00am: News Chronicles AB<br/>10:00am: Silver Sneakers AB<br/>11:00am: Brain Games B<br/>1:00pm: Andy Goin Classic Country A<br/>3:00pm: Happy Hour &amp; Karaoke B<br/>6:00pm: Friday Night Movie Stand by Me AB</p>          | <p>18<br/>10:00am: Dominoes A<br/>11:00am: Puzzle Time AB<br/>1:00pm: Chair Yoga AB<br/>3:00pm: Independent Art AB</p> |
| <p>19<br/>10:00am: First Baptist Dallas (Streamed) AB<br/>11:00am: Sunday Reflections AB<br/>1:00pm: Word Search B<br/>3:00pm: The Crown S1, E3 AB</p> <p>Activity Professionals Week</p> | <p>20<br/>9:00am: News Chronicles AB<br/>10:00am: Silver Sneakers AB<br/>11:00am: Arm Chair Travel B<br/>1:30pm: Painted Looking Glass Craft A<br/>3:00pm: Mexican Train A<br/>4:00pm: Word Search A</p> <p>Martin Luther King Jr. Day</p> | <p>21<br/>9:00am: Coffee Social AB<br/>10:00am: Exercise with Brandon A<br/>11:00am: Hymn Sing B<br/>1:30pm: Wonderland Punch Card Game A<br/>3:00pm: Bingo A<br/>4:00pm: Color me Calm B</p> | <p>22<br/>9:00am: News Chronicles AB<br/>10:00am: Silver Sneakers AB<br/>11:00am: Can you See the BIG Picture B<br/>1:30pm: Polka Dot Craft A<br/>3:00pm: Chicken Foot A<br/>4:30pm: Finish the Phrase A</p> <p>National Polka Dot Day</p> | <p>23<br/>9:00am: Coffee Social AB<br/>10:00am: Exercise with Brandon B<br/>11:00am: Hang Man B<br/>1:00pm: Grapevine Aquarium<br/>3:00pm: Birthday Celebration B<br/>4:00pm: Get to know your Neighbor – Carolyn A</p> | <p>24<br/>9:00am: News Chronicles AB<br/>10:00am: Silver Sneakers AB<br/>11:00am: Brain Games B<br/>1:30pm: 3D Teacups Craft A<br/>3:00pm: Happy Hour &amp; Karaoke B<br/>6:00pm: Friday Night Movie The Sixth Triple Eight AB</p>        | <p>25<br/>10:00am: Dominoes A<br/>11:00am: Puzzle Time AB<br/>1:00pm: Chair Yoga AB<br/>3:00pm: Independent Art AB</p> |
| <p>26<br/>10:00am: First Baptist Dallas (Streamed) AB<br/>11:00am: Sunday Reflections AB<br/>1:00pm: Word Search B<br/>3:00pm: The Crown S1, E4 AB</p> <p>Australia Day (Observed)</p>    | <p>27<br/>9:00am: News Chronicles AB<br/>10:00am: Silver Sneakers AB<br/>11:00am: Arm Chair Travel B<br/>1:00pm: Flower Mound Library<br/>3:00pm: Uno B<br/>4:00pm: Who Am I? Guess The Mystery Person B</p>                               | <p>28<br/>9:00am: Coffee Social AB<br/>10:00am: Exercise with Brandon A<br/>11:00am: Bible Study B<br/>1:30pm: Bingo A<br/>3:00pm: Resident Council E<br/>4:00pm: Room Visits B</p>           | <p>29<br/>9:00am: News Chronicles AB<br/>10:00am: Silver Sneakers AB<br/>11:00am: Jeopardy A<br/>1:30pm: Hang Man B<br/>3:00pm: Chicken Foot A<br/>4:00pm: Wacky Words A</p> <p>Chinese New Year (Year of the Snake)</p>                   | <p>30<br/>9:00am: Coffee Social AB<br/>10:00am: Exercise with Brandon B<br/>11:00am: Color me Calm B<br/>1:30pm: Cooking Corner<br/>3:00pm: Bingo A<br/>4:00pm: Room Visits A</p>                                       | <p>31<br/>9:00am: News Chronicles AB<br/>10:00am: Silver Sneakers AB<br/>11:00am: Brain Games B<br/>3:00pm: Wine Tasting Happy Hour A<br/>6:00pm: Friday Night Movie Rescued by Ruby AB</p>   | <p>Spiritual – Green<br/>Music – Blue<br/>Outings – Purple<br/>Monthly Events – Red<br/>Special Events – Bold</p>      |

