


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>10:30am: Church Service-C 11:00am: Coffee Social-A-B 1:00pm: Water Paint-A 3:00pm: "Rudolf the Red Nose Reindeer" Movie-A</p>	<p><b>2</b></p> <p>10:00am: Music w/Lucia-A 11:00am: Choices in a jar-A 1:00pm: Walking Group-A 3:00pm: Sorting Boxes-B</p>	<p><b>3</b></p> <p>10:00am: Yoga-A 11:00am: Your Home Trivia-A 1:30pm: Bible Study-F 2:00pm: Decorate Ornaments-A 3:00pm: Room Visits -A 4:00pm: Hand Massage-B</p>	<p><b>4</b></p> <p>10:00am: Chair Exercises-B 11:00am: Picture Bingo-A 1:00pm: What's in the Bag-B 2:00pm: Eggnog Social- A 3:00pm: Room Visits -B 4:00pm: Aromatherapy--A</p>	<p><b>5</b></p> <p>10:00am: Yoga-B 11:00am: Scavenger Hunt-A 1:00pm: Color Christmas Cards-A 2:00pm: Too Close-A 3:00pm: Room Visits-A 4:00pm: Nail Spa-B</p>	<p><b>6</b></p> <p>10:00am: Tai Chi-A 11:00am: Read A Long-A 1:00pm: Sing a Long-B 3:00pm: Happy Hour-A 4:00pm: Room Visits-B 6:00pm: "It's a Beautiful Life-A</p>	<p><b>7</b></p> <p>10:00am: Decorate Christmas Trees w/Volunteers-All Houses 11:00am: Art Class-B 1:30pm: Bingo-F 2:00pm: Therapy Puddy-B 3:00pm: Room Visits -A 4:00pm: Aromatherapy-A</p>
<p><b>8</b></p> <p>10:30am: Church Service-C 11:00am: Coffee Social -A 1:00pm: Water Paint-B 3:00pm: "Santa Clause is Coming to Town" Movie-A</p>	<p><b>9</b></p> <p>10:00am: Memory-B 11:00am: Car Races-A 1:00pm: Bean Bag Toss-A 3:00pm: Therapy Puddy-B</p>	<p><b>10</b></p> <p>10:00am: Yoga-A 11:00am: Christmas Music Trivia-A 1:30pm: Bible Study-F 2:00pm: GTKU Ball Game-B 3:00pm: Room Visits -A 4:00pm: Nail Spa-B</p>	<p><b>11</b></p> <p>10:00am: Chair Exercises-B 11:00am: Senses-A 1:00pm: Cozy Home-B 2:00pm: Hot Chocolate Social-B 3:00pm: Room Visits -B 4:00pm: Aromatherapy-A</p>	<p><b>12</b></p> <p>10:00am: Yoga-B 11:00am: Match Me-A 1:00pm: Decorate Christmas Cookies-B 2:00pm: Puzzles-A 3:00pm: Room Visits-A 4:00pm: Hand Massage-B</p>	<p><b>13</b></p> <p>10:00am: Zumba Gold-A 11:00am: -Activity Mats-A 1:00pm: Sing a Long-B 3:00pm: Happy Hour-A 4:00pm: Room Visits-B 6:00pm: "White Christmas" Movie-A</p>	<p><b>14</b></p> <p>10:00am: Yoga-B 11:00am: Art Class-A 1:30pm: Bingo-F 2:00pm: Sorting Boxes-B 3:00pm: Room Visits-A 4:00pm: Aromatherapy-A</p>
<p><b>15</b></p> <p>10:30am: Church Service-C 11:00am: Coffee Social-A 1:00pm: Caroling (Children Singing) Hot Chocolate Bar-A-B 3:00pm: "The Holiday"-A</p>	<p><b>16</b></p> <p>10:00am: I Spy-B 11:00am: Choices in a jar-A 1:00pm: Ring Toss-A 3:00pm: Sorting Boxes-B</p>	<p><b>17</b></p> <p>10:00am: Music w/Mike 11:00am: Food Trivia-A 1:30pm: Bible Study-F 2:00pm: Guess Who-B 3:00pm: Room Visits-A 4:00pm: Hand Massage-B <b>Happy Birthday Delores</b></p>	<p><b>18</b></p> <p>10:00am: Chair Exercises-B 11:00am: Picture Bingo-A 1:00pm: Food Tasting-B 2:00pm: Caroling w/Residents-A-B 3:00pm: Room Visits-B 4:00pm: Aromatherapy-A</p>	<p><b>19</b></p> <p>10:00am: Yoga-B 11:00am: Scavenger Hunt-A 1:00pm: Too Close-B 2:00pm: Hot Chocolate Social W/Music-A 3:00pm: Room Visits-A 4:00pm: Nail Spa-B</p>	<p><b>20</b></p> <p>10:00am: Tai Chi-A 11:00am: Read Along-A 1:30pm: Music Therapy-A 3:00pm: Happy Hour-A 4:00pm: Room Visits-B 6:00pm: "Miracle on 34<sup>th</sup> Street" Movie-A</p>	<p><b>21</b></p> <p>10:00am: Yoga-B 11:00am: Art Class-A 1:30pm: Bingo -F 2:00pm: Therapy Puddy-A 3:00pm: Room Visits-A 4:00pm: Aromatherapy-A</p> <p style="text-align: right;"><small>Winter Begins</small></p>
<p><b>22</b></p> <p>10:30am: Church Service-C 11:00am: Coffee Social-B 1:00pm: Water Paint-B 3:00pm: "Elf" Movie-A</p>	<p><b>23</b></p> <p>10:00am: Match the Dots-B 11:00am: Horse Races-A 1:00pm: Basketball-A 3:00pm: Therapy Puddy-B</p>	<p><b>24</b></p> <p>10:00am: Yoga-A 11:00am: Christmas Trivia-A 1:30pm: Bible Study-F 2:00pm: Memories in the Making-A 3:00pm: Room Visits-A 4:00pm: Nail Spa-B <b>Happy Christmas Eve</b></p>	<p><b>25</b></p> <p>10:00am: Chair Exercises-A-B 11:00am: Senses-A 12:00pm: Christmas Lunch 1:00pm: Cozy Home A-B <b>Merry Christmas Happy Hanukkah</b> <small>Christmas Hanukkah Begins</small></p>	<p><b>26</b></p> <p>10:00am: Yoga-B 11:00am: Match Me-A 1:00pm: Candy Cane Spoons-A 2:00pm: Puzzle-A 3:00pm: Birthday Party-A 4:00pm: Hand Massage-B <small>Boxing Day (Canada) Kwanzaa Begins</small></p>	<p><b>27</b></p> <p>10:00am: Zumba Gold-A 11:00am: Activity Mats-A 1:00pm: Sing a Long-A 3:00pm: Happy Hour-A 4:00pm: Room Visits-B 6:00pm: "Polar Express" Movie-A</p>	<p><b>28</b></p> <p>10:00am: Yoga-B 11:00am: Painting Class-A 1:30pm: Bingo-F 2:00pm: Sorting Boxes-B 3:00pm: Room Visits-A 4:00pm: Aromatherapy-A</p>
<p><b>29</b></p> <p>10:00am: Church Service-C 11:00am: Coffee Social-B 1:00pm: Water Paint-B 3:00pm: "A Christmas Carol"-A</p>	<p><b>30</b></p> <p>10:00am: Puzzles-B 11:00am: Choices in a jar-A 1:00pm: Bowling-A 3:00pm: Sorting Boxes-B</p>	<p><b>31</b></p> <p>10:00am: Yoga-A 11:00am: Traditions Trivia-A 1:30pm: Bible Study-F 2:00pm: GTKU Dice Game-B 3:00pm: Music w/Ruby-D 4:00pm: Hand Massage-B <small>New Year's Eve</small></p>				

# December 2024

## Mustang Creek Estates Memory Care Activity Calendar