

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

January 2025

Mustang Creek Estates Assisted Living Calendar

<p>9:00am: News & Sips 10:00am: Balanced Bodies C 11:00am: Reflection Circle D 1:00pm: Colors of the World B 3:00pm: Dominos A 4:00pm: Afternoon Tea & Talk D</p> <p>New Year's Day</p>	<p>9:00am: Golden Gatherings 10:00am: Silver Sneakers D 11:00am: Crochet w/ Lisa A 1:00pm: Hot Coco Social B 2:00pm: Bible Study B 4:00pm: Mindful Meditation C</p>	<p>9:00am: Wake Up & Connect 10:00am: Ageless Motion C 11:00am: New Year New Me Vision Board A 1:00pm: Pretty Nails B 3:00pm: Happy Hour D 6:00pm: Family Game Night A</p>	<p>10:00am: Silver Strides 11:00am: Amo the Schnauzer Visits 1:00pm: Bingo A 3:00pm: Jewelry Making</p>			
<p>9:00am: Watermark Streamed Church Service 11:00am: Missing Text White Board Game 1:00pm: Puzzle Hour 3:00pm: Movie Matinee: Casablanca</p>	<p>9:30am: Walmart Outing 10:00am: Strength Training A 11:00am: Gratitude Journaling B 1:00pm: Cooking Connection: Butter Making A 3:00pm: Bingo C 4:00pm: Room Visits A</p>	<p>9:00am: Sunshine Social 10:00am: Flex & Flourish B 11:00am: Cozy Reading Nook A 1:00pm: Stay "Warm" Spices Aromatherapy D 3:00pm: Jeopardy C 4:00pm: Manicures A</p>	<p>9:00am: News & Sips 10:00am: Balanced Bodies C 11:00am: Crochet w/ Lisa A 1:30pm: Bingo B 2:00pm: Clifford Visits 4:00pm: Afternoon Tea & Talk A</p>	<p>9:00am: Golden Gatherings 10:00am: Silver Sneakers D 11:00am: Golden Reflections C 1:30pm: Fort Worth Museum of Science and History Outing 2:00pm: Bible Study B 4:00pm: Mindful Meditation D</p>	<p>9:00am: Wake Up & Connect 10:00am: Ageless Motion C 11:00am: Snowflake Wreaths B 1:00pm: Pretty Nails C 3:00pm: Happy Hour A 6:00pm: Movie Night: The Outsiders</p>	<p>10:00am: Go Fish 11:00am: Caregiver Chit-Chats 1:00pm: Silver Strides 3:00pm: Doodle and Design</p>
<p>9:00am: Watermark Streamed Church Service 11:00am: Color Me Calm 1:00pm: Puzzle Hour 3:00pm: Movie Matinee: The Wizard of Oz</p>	<p>9:30am: H-E-B Outing 10:00am: Strength Training A 11:00am: Gratitude Journaling B 1:00pm: Cooking Connection: Personalized Trail Mix B 3:00pm: Bingo C 4:00pm: Room Visits C</p>	<p>9:00am: Sunshine Social 10:00am: Flex & Flourish B 11:00am: Cozy Reading Nook A 1:00pm: Pine Cone Birdfeeder B 3:00pm: Headbands C 4:00pm: Fireside Storytelling D</p>	<p>Strawberry Ice Cream Day 9:00am: News & Sips 10:00am: Balanced Bodies C 12:00pm: Black Bear Diner Lunch Outing 1:00pm: Mosaic Bean Art A 2:00pm: Clifford Visits 3:30: Strawberry Ice Cream Social D</p>	<p>9:00am: Golden Gatherings 10:00am: Silver Sneakers D 11:00am: Crochet w/ Lisa A 1:00pm: Winter Blooms D 2:00pm: Bible Study B 4:00pm: Mindful Meditation C</p>	<p>Benjamin Franklin Day 9:00am: Wake Up & Connect 10:00am: Ageless Motion C 11:00am: Benjamin Franklin Documentary Screening D 1:00pm: Pretty Nails B 3:00pm: Happy Hour B 6:00pm: Movie Night: Shop Around the Corner</p>	<p>10:00am: Scrabble 11:00am: Caregiver Chit-Chats 1:00pm: Silver Strides 3:00pm: Doodle and Design Happy Birthday Wanda (B)</p>
<p>9:00am: Watermark Streamed Church Service 11:00am: Color Me Calm 1:00pm: Puzzle Hour 3:00pm: Movie Matinee: The Sound of Music</p> <p>Activity Professionals Week</p>	<p>9:30am: Walmart 10:00am: Strength Training A 11:00am: Gratitude Journaling C 1:00pm: Cooking Connection: Peanut Butter Pies A 3:00pm: Bingo D 4:00pm: Room Visits D Happy Birthday Duane (A)</p> <p>Martin Luther King Jr. Day</p>	<p>9:00am: Sunshine Social 10:00am: Flex & Flourish B 11:00am: Cozy Reading Nook C 1:00pm: Uno A 2:00: Music by Wayne Willingham A 4:00pm: Manicures D</p>	<p>9:30am: Dinosaur Science Museum & Research Center Outing 10:00am: Balanced Bodies C 11:00am: Crochet w/ Lisa A 1:00pm: Jewelry Making D 2:00pm: Clifford Visits 4:00pm: Afternoon Tea & Talk B</p>	<p>9:00am: Golden Gatherings 10:00am: Silver Sneakers D 11:00am: DIY Snow Globes B 1:00pm: Crochet w/ Lisa A 3:00pm: Bible Study B 4:00pm: Mindful Meditation B</p>	<p>9:00am: Wake Up & Connect 10:00am: Ageless Motion C 11:00am: Calming Colors D 1:00pm: Pretty Nails A 3:00pm: Happy Hour D 6:00pm: Movie Night: Airplane! Happy Birthday Tina</p>	<p>10:00am: Chicken Foot 11:00am: Caregiver Chit-Chats 1:00pm: Silver Strides 3:00pm: Doodle and Design</p>
<p>9:00am: Watermark Streamed Church Service 11:00am: Color Me Calm 1:00pm: Puzzle Hour 3:00pm: Movie Matinee: Twister</p> <p>Australia Day (Observed)</p>	<p>9:00am: Wake Up & Connect 10:00am: Strength Training A 11:00am: Cooking Connection: Ice Box Sandwiches A 1:00pm: Ross Outing 3:00pm: Bingo A 4:00pm: Room Visits A</p>	<p>9:00am: Sunshine Social 10:00am: Flex & Flourish B 11:00am: Monthly Wrap Up Journaling A 1:00pm: Jeopardy D 3:00pm: Resident Council A 4:00pm: Fireside Storytelling C</p>	<p>9:00am: News and Sips 10:00am: Balanced Bodies C 12:00 AA China Super Buffet Lunch Outing 1:00pm: Red Envelopes A 2:00pm: Clifford Visits 4:00pm: Afternoon Tea and Talk D</p> <p>Chinese New Year (Year of the Snake)</p>	<p>9:00am: Golden Gatherings 10:00am: Silver Sneakers D 11:00am: Crochet w/ Lisa A 1:00pm: Birthday Party A 2:00pm: Bible Study B 4:00pm: Mindful Meditation C</p>	<p>9:00am: Wake Up & Connect 10:00am: Ageless Motion A 11:00am: Calming Colors B 1:00pm: Go Fish C 3:00pm: Happy Hour A 6:00pm: Movie Night: Dance with the Wolves</p>	<p>Spiritual – Green Music – Blue Outings – Purple Monthly Events – Red Special Events – Bold</p> 