

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>1</b> 10:00am: Church 11:00am: Porch Pals 1:00pm: Creative 3:00pm: <i>Civil War</i>	<b>2</b> 10:00am: Noodle Ball A 11:00am: Walk & Talk B 1:00pm: YT Exercises A 3:00pm: Canvas Painting B  <i>Labor Day</i>	<b>3</b> 10:00am: Walking Club B 11:00am: Bean Bag Toss A 1:00pm: Canvas Painting B 2:00pm: Lifestyle Stations A 3:00pm: Room Visits B 4:00pm: Hand Massages A	<b>4</b> 10:00am: YT Exercises A 11:00am: Bowling B 1:00pm: Cookie Decorating A 2:00pm: Spa Day B 3:00pm: Room Visits A 4:00pm: Sensory Bins B	<b>5</b> 10:00am: Chair Yoga B 11:00am: Simon Says A 1:00pm: Beaded Necklace B 2:00pm: Nail Care A 3:00pm: Room Visits B 4:00pm: Aromatherapy A	<b>6</b> 10:00am: Silver Sneakers A 11:00am: Hot Balloon B 1:00pm: Squirt Gun Paint A 3:00pm: Happy Hour B 4:00pm: Room Visits A 6:00pm: <i>Queen Bees</i>	<b>7</b> 10:00am: Walking Club B 11:00am: Dominoes A 1:00pm: Painting B 2:00pm: Lifestyle Stations A 3:00pm: Room Visits B 4:00pm: Sensory Bins A	
<b>8</b> 10:00am: Church 11:00am: Brain Busters 1:00pm: Creative 3:00pm: <i>Beauty Shop</i>  <i>Grandparents Day</i>	<b>9</b> 10:00am: Connect 4 B 11:00am: Porch Pals A 1:00pm: Dance Party B 3:00pm: Craft Time A	<b>10</b> 10:00am: Silver Sneakers A 11:00am: Darts (Velcro) B 1:00pm: Scrapbooking A 2:00pm: Spa Day B 3:00pm: Room Visits A 4:00pm: Sensory Bins B	<b>11</b> 10:00am: YT Exercises B 11:00am: Tic-Tac-Toe A 1:00pm: Foam Visors B 2:00pm: Rock Painting A 3:00pm: Room Visits B 4:00pm: Aromatherapy A	<b>12</b> 10:00am: Silver Sneakers A 11:00am: Ring Toss B 1:00pm: Flower Arrangements A 2:00pm: Lifestyle Stations B 3:00pm: Room Visits A 4:00pm: Hand Massages B	<b>13</b> 10:00am: Walking Club B 11:00am: Racing Strip A 1:00pm: Kinetic Sand Art B 3:00pm: Happy Hour A 4:00pm: Room Visits B 6:00pm: <i>Thunder Force</i>	<b>14</b> 10:00am: Ball Exercise 11:00am: Card Games 1:00pm: Flower Arranging 2:00pm: Book Reading 3:00pm: Room Visits 4:00pm: Aromatherapy	
<b>15</b> 10:00am: Church 11:00am: Porch Pals 1:00pm: Creative 3:00pm: <i>The Burial</i>	<b>16</b> 10:00am: Checkers A 11:00am: Tea Social B 1:00pm: Walk It Out A 3:00pm: Art Time B	<b>17</b> 10:00am: Chair Yoga B 11:00am: Guess Who A 1:00pm: Organizing B 2:00pm: Nail Care A 3:00pm: Room Visits B 4:00pm: Aromatherapy A	<b>18</b> 10:00am: YT Exercises A 11:00am: Ball Toss B 1:00pm: Canvas Painting A 2:00pm: Lifestyle Stations B 3:00pm: Room Visits A 4:00pm: Hand Massages B	<b>19</b> 10:00am: Silver Sneakers B 11:00am: Basketball A 1:00pm: Rock Painting B 2:00pm: Spa Day A 3:00pm: Room Visits B 4:00pm: Sensory Bins A	<b>20</b> 10:00am: Ball Exercises A 11:00am: Air Hockey B 1:00pm: Creative A 3:00pm: Happy Hour B 4:00pm: Room Visits A 6:00pm: <i>The Beekeeper</i>	<b>21</b> 10:00am: YT Exercises B 11:00am: Uno A 1:00pm: Art Time B 2:00pm: Lifestyle Stations A 3:00pm: Room Visits B 4:00pm: Sensory Bins A  <i>Oktoberfest Begins</i>	
<b>22</b> 10:00am: Church 11:00am: Brain Busters 1:00pm: Creative 3:00pm: <i>The Unforgivable</i>  <i>Autumn Begins</i>	<b>23</b> 10:00am: Ball Toss B 11:00am: Reminiscing A 1:00pm: YT Exercises B 3:00pm: Cookie Decorating A	<b>24</b> 10:00am: Walking Club A 11:00am: Tic-Tac-Toe B 1:00pm: Creative A 2:00pm: Lifestyle Stations B 3:00pm: Room Visits A 4:00pm: Hand Massages B	<b>25</b> 10:00am: Ball Exercise B 11:00am: Darts (Velcro) A 1:00pm: Creative B 2:00pm: Spa Day A 3:00pm: Room Visits B 4:00pm: Sensory Bins A	<b>26</b> 10:00am: Silver Sneakers A 11:00am: Noodle Ball B 12:00pm: <b>Pancake Theme Lunch</b> 1:00pm: <b>Birthday Party</b> 2:00pm: Daily Chronicles A 4:00pm: Aromatherapy B	<b>27</b> 10:00am: YT Exercises B 11:00am: Word Mining A 1:00pm: Popcorn & Puzzles B 3:00pm: Happy Hour A 4:00pm: Room Visits B 6:00pm: <i>Samaritan</i>	<b>28</b> 10:00am: Chair Yoga A 11:00am: Checkers B 1:00pm: Rock Painting A 2:00pm: Daily Chronicles B 3:00pm: Room Visits A 4:00pm: Hand Massages B	
<b>29</b> 10:00am: Church 11:00am: Brain Busters 1:00pm: Creative 3:00pm: <i>Wonder</i>	<b>30</b> 10:00am: Ring Toss A 11:00am: Lemonade Social B 1:00pm: Basketball A 3:00pm: Craft Time B	<h1>September 2024</h1> <h2>Mustang Creek Estates Memory Care Activity Calendar</h2>					